

1. Our Body

- A.** 1. (c) 2. (b) 3. (a) 4. (b) 5. (c)
- B.** 1. Hands 2. Ears 3. Five 4. Tongue 5. Legs 6. Sense Organs 7. Tongue
8. Nose 9. Eyes
- C.** 1. Legs 2. Hands 3. Eyes, ears, nose, tongue and skin 4. Nose helps us to smell and breathe. 5. Tongue helps us to taste food.

2. Our Family

The Outset

- Do it yourself.
- A.** 1. (a) 2. (d) 3. (b) 4. (d)
- B.** 1. A small family is a happy family. 2. Grandparents 3. Small family
4. Surname 5. In a house 6. Our maternal grandparents 7. Our
grandparents 8. Parents 9. Big family
- C.** 1. A family is made up of mother, father and their children. 2. Grand-
parents are the parents of our parents. 3. Do it yourself. 4. Do it yourself.
5. A small family has parents with one or two children. In some families,
grandparents, parents, aunts and uncles all live together in a house. This
is a joint family.

3. Working Together

The Outset

- Do it yourself.
- A.** 1. (c) 2. (a) 3. (c) 4. (c)
- B.** 1. Good Manners 2. Our elders 3. Father 4. To make a happy home
5. Special 6. Bedtime stories
- C.** 1. Father earns money for the family. He also helps in many household
works. 2. Mother cooks food and manages the home. 3. Our grand-
parents tell us bedtime stories and teach us good things. 4. Do it
yourself. 5. Do it yourself.

4. My Home

The Outset

- Do it yourself.
- A. 1. (d) 2. (b) 3. (c) 4. (d)**
- B. 1. Wild animals and thieves 2. comfort 3. guests 4. bedroom 5. In their proper place**
- C. 1. All of us need a home to live in. 2. Drawing room, bedroom, dining room, bathroom and kitchen are various rooms in a home. 3. We take rest in the rest room. 4. We welcome our guests in the drawing room.**

5. My School

The Outset

- Do it yourself.
- A. 1. (b) 2. (c) 3. (a) 4. (b)**
- B. 1. new things 2. lunch box 3. staff room 4. new things 5. At school**
- C. 1. Do it yourself. 2. We learn many new things at school. 3. Do it yourself. 4. Do it yourself. 5. Do it yourself.**

6. People Around Us

The Outset

- Do it yourself.
- A. 1. (b) 2. (a) 3. (d) 4. (b)**
- B. 1. teacher 2. doctor 3. clothes 4. electrician 5. guard**
- C. 1. A teacher teaches us at school. 2. A postman delivers our letters at home. 3. A gardener takes care of our garden. 4. A carpenter prepares furniture for our houses. 5. A mason builds our houses and buildings.**

7. Places Around Us

The Outset

- Do it yourself.
- A. 1. (a) 2. (b) 3. (d) 4. (a)**

- B. 1. market 2. Teachers 3. school 4. Nurses 5. Market**
- C. 1. There are many houses, buildings and other places around us. They make our neighbourhood. 2. People who live in our neighbourhood are our neighbours. 3. Do it yourself. 4. A bank is a place where we deposit our money.**

8. Food For Health

The Outset

- Case-B is healthier than Case-A
- A. 1. (b) 2. (a) 3. (c) 4. (a) 5. (b)**
- B. 1. Food 2. bones, teeth 3. breakfast 4. fixed time 5. overeat 6. For energy 7. cows, buffaloes, goats**
- C. 1. (i) Fruits (ii) Vegetables 2. (i) Milk (ii) Meat**
- D. 1. We need food to live and grow. 2. We get fruits, vegetables, cereals and pulses from plants. 3. We get milk, eggs, meat, etc. from animals. 4. Meal is the food that we eat at a fixed time everyday. We eat three meals in a day. They are breakfast, lunch and dinner. 5. These are as follows : (i) Eat food at fixed intervals. (ii) Eat with your mouth closed. (iii) Do not overeat. (iv) Eat lots of fruits and vegetables. (v) Do not eat junk food very often.**

9. Water

The Outset

- A flood is an overflow of water submerges land that is usually dry.
- A. 1. (c) 2. (b) 3. (a) 4. (b)**
- B. 1. Water 2. Washing clothes 3. Rainwater 4. Plants 5. lakes, ponds 6. river, lake, pond, well and rain. 7. We should boil water before drinking.**
- C. 1. We need water for various purposes. 2. We need water for drinking, bathing, cooking food and washing clothes. 3. Rain is the main source of water. 4. We can draw under-ground water by wells, tube wells and hand pumps. 5. We should always drink pure and clean water as dirty water can make us sick.**
- D. 1. Drinking, bathing, cooking, washing 2. Lake, river, well, handpump**

10. Clothing

The Outset

Situation 1 : Woollen clothes **Situation 2 :** Raincoat and Gumboots

Situation 3 : Cotton clothes

A. 1. (a) 2. (b) 3. (c) 4. (d)

B. 1. clothes 2. cool 3. woollen clothes 4. raincoat 5. umbrella 6. children

C. 1. We wear clothes to cover our body. 2. We wear woollen clothes in winter season. 3. We wear cotton clothes in summer season. 4. We wear a raincoat during rain to avoid getting wet. 5. We wear uniform for school.

11. Houses

The Outset

- Den

A. 1. (c) 2. (a) 3. (b) 4. (a)

B. 1. house 2. towns, cities 3. houseboat 4. nomads 5. flat 6. villages 7. two cities 8. caravans

C. 1. A house protects us from heat, cold, rain, dust and insects. 2. Do it yourself. 3. There are mainly two types of houses : Pucca houses and Kuchcha houses. 4. Bricks and cement are used in making a pucca house. 5. Mud and straw are used in making a kuchcha house.

12. Staying Healthy

The Outset

- Do it yourself.

A. 1. (c) 2. (b) 3. (a) 4. (b)

B. 1. Exercise 2. rest 3. clean 4. dustbin 5. nails

C. 1. G 2. B 3. B 4. G 5. B

D. 1. Running, walking and swimming are good exercises. 2. We should brush our teeth twice a day, once in the morning and then before going to bed. 3. Exercise makes our body strong. It helps our body parts to move easily. 4. We get tired after doing work and play and need to rest.

A sound sleep gives us rest. **5.** These are as follows : (i) Throw litter into a dustbin. (ii) Never spit on the floor. (iii) Do not bite your nails. (iv) We should not lick our fingers after eating.

E. and F. Do it yourself.

13. Our Safety

The Outset

• **1. (a) 2. (b) 3. (a)**

A. 1. (b) 2. (a) 3. (c) 4. (b)

B. 1. Safety 2. footpath 3. swings 4. rules 5. elders

C. 1. Do not play with a matchstick or cooking gas. 2. Do not climb on desks or chairs. 3. Do not get in or out of a moving bus. 4. Follow the rules of the game.

D. 1. Safety means to stay away from danger. 2. (i) Do not play with sharp objects like knife, blade and scissors. (ii) Do not touch electric switches and plugs with wet hands. 3. (i) Do not push each other while moving up or down the stairs. (ii) Do not run in the corridors. (iii) Do not push each other on swings. 4. (i) Wait patiently for your turn to play. (ii) Do not hit anyone while playing. 5. (i) Do not lean out of the windows. (ii) Wait for the bus to stop before you board on or get down.

14. Plant Life

The Outset

• Do it yourself.

A. 1. (b) 2. (b) 3. (b) 4. (a) 5. (c)

B. 1. living 2. Climbers 3. Herbs 4. fruits, seeds 5. Shrubs 6. Watermelon, Pumpkin 7. leaves 8. Roots

C. 1. (i) Mango (ii) Coconut 2. (i) Rose (ii) Tomato 3. (i) Mint (ii) Spinach 4. (i) Money plant (ii) Pea plant 5. (i) Water melon (ii) Pumpkin

D. 1. Herbs are small and weak plants. 2. Shrubs are small but strong plants. 3. Climbers are the plants that need support to grow upward. 4. Creepers are the plants that grow along the ground. 5. Roots, stem, leaves, flowers and fruits are various parts of the plant.

E. Do it yourself.

15. Animal Life

The Outset

- **1.** Yes. **2.** It is very strong, powerful and fast animal. **3.** It eats the flesh of other animals. **4.** It is a wild animal.
- A. 1.** (a) **2.** (c) **3.** (b) **4.** (a) **5.** (a)
- B. 1.** milk **2.** dog **3.** nests **4.** six **5.** Whale **6.** lion **7.** den **8.** Ostrich **9.** elephant
- C. 1.** (i) Lion, (ii) Zebra **2.** (i) Cow, Hen **3.** (i) Dog (ii) Cat **4.** (i) Pigeon (ii) Parrot **5.** (i) Penguin (ii) Ostrich
- D. 1.** We keep some animals for work or food. These animals are known as domestic animals. They give us food and other useful things. **2.** The animals which live in forests are called wild animals. **3.** Birds have two wings. Wings help them to fly. **4.** The animals that live in rivers, ponds and seas are called water animals or aquatic animals. **5.** The animals that live both on land and in water are called amphibians.
- E.** Do it yourself.